



FOOD DISTRIBUTION

HOW DOES IT WORK ?

OFFERED TO WHOM ?

Individuals, couples or low-income families residing in the MRC de L'Érable (except Princeville, another assistance service is present);

HOW DO I REGISTER ?

Call ORAPÉ at 819 362-0001 or request an appointment by visiting www.orape.org. We will set up an appointment to confirm your eligibility, and explain how the service works.;

I HAVE TO PROVIDE...

Health insurance cards for all family members. Bank statements (at least 30 days). A copy of your lease or proof of your residence or statements of tax bills (municipal and school).

FOOD DISTRIBUTIONS

Regular Harvest:

Various foods / once a month

Thursday distribution from 1.30 p.m. to 3.00 p.m.

Always bring your reusable bags

**Isothermal bags mandatory for frozen products and chilled products*

Food comes from: Moisson Mauricie/Centre-du-Québec

EMERGENCY GROCERY VOUCHERS

Exchange vouchers at IGA de Plessisville

By appointment only by calling 819 362-0001

Service agreement with : Oeuvre du Partage de Plessisville inc.

Additional informations
or to register
Call : 819 362-0001
or visit www.orape.org



FOOD AID

WHAT IS IT ?

THE FOOD COMPONENT OF ORAPÉ
BRING TOGETHER SEVERAL SERVICES:

FOOD HARVEST DISTRIBUTION
EMERGENCY GROCERY VOUCHERS
EMERGENCY FOOD ASSISTANCE
WEDNESDAY DINNERS
FOOD PROCESSING
SALE OF PREPARED MEALS
COLLECTIVE KITCHEN WORKSHOP
BREAD: GROUP BUYING
EGGS: GROUP BUYING
POPULAR EDUCATION
COMMUNITY GARDENS
COOKING WORKSHOP FOR CHILDREN
SCHOOL SNACKS
BACK TO SCHOOL HELP
CHRISTMAS BASKETS
CHRISTMAS PARTY FOR SINGLES OR COUPLES
FAMILY HOLIDAYS
LEISURE PROGRAM (PARTNER: CITY OF PLESSISVILLE)



AN ESSENTIAL AND EFFECTIVE PRESENCE
REQUIRED BY THE COMMUNITY

Additional information
www.orape.org or 819 362-0001

Our team is French-speaking. We will do our best to serve you. Thank you for your understanding